

# Human Services Agency Assistance Programs



*CalFresh, Medi-Cal, CalWORKs and General Relief*



**COUNTY of VENTURA**  
Human Services Agency

# Health Care Coverage Options

All California residents are required to have health insurance or pay a penalty of up to \$2,000 or more.

Plan	Eligible Populations	Availability	Where to Apply
Medi-Cal	<p>Qualifying populations include:</p> <ul style="list-style-type: none"> <li>• Individuals/families with yearly income up to 138% of the Federal Poverty Level (FPL) (less than \$22,025 for a single individual and \$45,540 for a family of four*).</li> <li>• Individuals who are blind, disabled or aged (subject to different eligibility criteria).</li> <li>• Pregnant women and infants up to age 1.</li> <li>• Former foster youth up to age 26.</li> <li>• As of January 1, 2026, adults aged 19-59 without satisfactory immigration status are eligible for emergency and pregnancy services only.</li> </ul>	You may enroll at any time.	<p>Online:  <a href="https://BenefitsCal.com">BenefitsCal.com</a> or  <a href="https://HSA.VenturaCounty.gov">HSA.VenturaCounty.gov</a></p> <p>By Phone:            Call 888-472-4463</p> <p>In Person:            Visit a Community Service Center.</p> <p>See page 4 for more information.</p>
Low-Cost Medi-Cal for Children	<ul style="list-style-type: none"> <li>• Children and young adults age 19 and under with yearly household income up to 266% (\$87,780 for a family of four*) of the FPL.</li> </ul>		
<p>Covered California</p> 	<p>All income levels may seek health benefits coverage through Covered California:</p> <ul style="list-style-type: none"> <li>• Up to 400% of the FPL receive tax credits or subsidies (annual income of less than \$63,840 for a single individual and \$132,000 for a family of four*).</li> </ul>	If you have had a life-changing event within the past 60 days (such as job loss, marriage, divorce, or birth of a child), you may qualify to enroll in Covered CA now.	<p>Online:  <a href="https://CoveredCA.com">CoveredCA.com</a></p> <p>By Phone:            Call 800-300-1506</p> <p>In Person:            Visit a Community Service Center.</p>

\*These figures are current through Dec. 31, 2026.

**Benefit programs will be impacted by federal and state budget cuts that are phasing in between now and 2028. Visit [HSA.VenturaCounty.gov/budget-impacts](https://HSA.VenturaCounty.gov/budget-impacts) to see how they might affect your eligibility.**

# Medi-Cal & CalFresh

Medi-Cal is California’s public health insurance program. It provides needed health care services for individuals with low incomes, older adults, persons with disabilities, children, youth in out-of-home/foster care, pregnant women, and people with low incomes who have specific health conditions such as tuberculosis, breast cancer or HIV/AIDS.

CalFresh helps people who have little or no income buy nutritious groceries. CalFresh benefits are accessed through an electronic benefits transfer card (EBT) that can be used like a bank debit card to buy food at most grocery stores.

**Applying for Medi-Cal or CalFresh:** When you apply for CalFresh, Medi-Cal or other health insurance programs offered through Covered California, you will be asked for information about your residency, identity, citizenship/immigration status, social security number, income and any other health care coverage you may have. If you and/or your family are eligible for CalFresh benefits, you are likely also eligible for Medi-Cal health coverage.

Number of People in Your Household	If Your Monthly Income* is At or Below 130% FPL	If Your Monthly Income** is At or Below 138% FPL	If Your Monthly Income** is Between 138% and 400% FPL
1	\$1,696	\$1,836	\$1,836-\$5,320
2	\$2,292	\$2,490	\$2,490-\$7,216
3	\$2,888	\$3,143	\$3,143-\$9,108
4	\$3,483	\$3,795	\$3,795-\$11,000
5	\$4,079	\$4,450	\$4,450-\$12,896
You may qualify for: 	<b>CalFresh</b>	<b>Medi-Cal</b>	Health insurance premium assistance is available through Covered California. Children in families with income up to 266% Federal Poverty Level (FPL) may be eligible for no-cost Medi-Cal insurance.

Individuals eligible for Medi-Cal due to other conditions such as blindness, disability or age may be subject to different income and asset criteria.

\*These figures are current through Sept. 30, 2026. \*\*These figures are current through Dec. 31, 2026.

## CalFresh Expedited Service

If eligible for expedited service, CalFresh benefits will be issued within three days of your application.

**Note:** This simplified information is for general reference only. Content within this document does not guarantee eligibility.

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*See page 4 for how and where to apply.*



## How to Apply for Assistance Programs

Ways to Apply	Use this option if you:	Available Programs				
		Medi-Cal	Interview required (in person or by phone) for all programs except Medi-Cal		CalWORKs	General Relief
			CalFresh	Expedited CalFresh		
<b>Online:</b> <a href="https://BenefitsCal.com">BenefitsCal.com</a> or <a href="https://HSA.VenturaCounty.gov">HSA.VenturaCounty.gov</a>	<ul style="list-style-type: none"> <li>Are comfortable submitting information electronically.</li> <li>Are unable to apply during office hours (8 a.m.-5 p.m., Monday-Friday).</li> </ul>	✓	✓	✓	✓	✓
<b>By Phone:</b> 888-472-4463   TTY 800-735-2922 or 711	<ul style="list-style-type: none"> <li>Are more comfortable applying by phone or TTY. Please note: High call volume may result in extended hold times.</li> </ul>	✓	✓	✓	✓	✓
<b>By Fax:</b> Request an application by phone or print one from <a href="https://HSA.VenturaCounty.gov">HSA.VenturaCounty.gov</a> , then mail or fax it to 805-658-4530.	<ul style="list-style-type: none"> <li>Are more comfortable completing paper forms than applying online.</li> <li>Are unable to apply during office hours (8 a.m.-5 p.m., Monday-Friday).</li> </ul>	✓	✓	✓	✓	✓
<b>By Mail:</b> Request an application by phone or print one from <a href="https://HSA.VenturaCounty.gov">HSA.VenturaCounty.gov</a> , then mail or drop it off at any Community Service Center. (locations listed on back)	<ul style="list-style-type: none"> <li>Are more comfortable completing paper forms than applying online.</li> <li>Are unable to apply during office hours (8 a.m.-5 p.m., Monday-Friday).</li> </ul>	✓	✓	✓	✓	✓
<b>In Person:</b> Visit a Community Service Center to apply in person or to pick up an application.	<ul style="list-style-type: none"> <li>Aren't sure which program(s) to apply for.</li> <li>Can apply during office hours (8 a.m.-5 p.m., Monday-Friday).</li> <li>Need help completing forms.</li> </ul>	✓	✓	✓	✓	✓

# CalWORKs

CalWORKs (California Work Opportunity & Responsibility to Kids) can provide cash assistance to low-income pregnant persons and families with children. Certain adults in the program are required to participate in welfare-to-work activities — such as looking for a job, attending job training, working or furthering their education — to improve their chances for long-term employment and self-sufficiency. CalWORKs employment specialists help parents develop and achieve career goals and assist with referrals to child care so parents can work. CalWORKs participants are automatically eligible for Medi-Cal and may qualify for CalFresh benefits.

**Eligibility:** To qualify for CalWORKs, you must be a pregnant person or family with dependent children living at home and have low income. Monthly income must be under a certain limit (see chart below). Since there are many kinds of deductions, you are encouraged to apply even if your income is close to the monthly gross income limit. Also, the property limit is \$12,552 per family or \$18,829 for Assistance Units (AUs) that include at least one member who is age 60 or older or disabled. Examples of property include cash, bank accounts, vehicles and homes, although the home you live in is not included.

Family Size	Monthly Gross Income Limit
1	\$930
2	\$1,526
3	\$1,892
4	\$2,244
5	\$2,561
6	\$2,880
7	\$3,166
8	\$3,445
9	\$3,738
10	\$4,056
Each extra person	\$36

These figures are current through June 2026.

When you apply, you will be asked for photo identification and information about your residency, citizenship, social security number, income, property and child support. Children must have their immunizations up to date and must attend school if over the age of 6.

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# General Relief

General Relief provides temporary assistance to eligible adults ages 18-64, with no dependent children. When no other source of assistance is available, General Relief can help with the most basic living needs, including rent, utilities and incidentals. Eligible adults may receive direct payments to their landlord and/or utility companies up to a maximum of \$310 per month for a household of one. General Relief payments are considered a loan and must be repaid to the County.

**Eligibility:** Factors used to determine eligibility and benefits for General Relief include income, identification, property, citizenship/immigration status, age and residency. An assessment will be conducted to determine if you are able to work. There will be certain activities that will be required of you based on your individual situation. If you are a person with disabilities, you will be required to apply for social security disability benefits.

Your property and income from all sources will be considered to determine eligibility for General Relief and your benefit amount. Your income must be within the allowable income limits, your property value cannot exceed \$1,000, and your liquid resources (cash on hand, checking/saving accounts, stocks, etc.) cannot be over \$100.

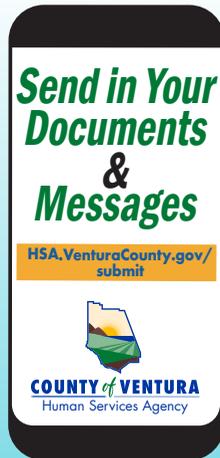
## Other Ways to Submit and Receive Information

# VCSubmit

[HSA.VenturaCounty.gov/submit](https://HSA.VenturaCounty.gov/submit)

You can now submit documents and send email messages for CalWORKs, CalFresh, Medi-Cal, General Relief and CAPI benefits. Here's how:

- Go to [HSA.VenturaCounty.gov/submit](https://HSA.VenturaCounty.gov/submit)
- Fill out the online form
- Take a photo or scan of the document
- Upload the photo or PDF
- Hit submit!



# 888-HSA4info

Medi-Cal, CalFresh and CalWORKs clients may call an automated phone line 24/7 for current information.

Call 888-HSA-4-INFO (888-472-4463) and select from the menu options available in English, Spanish, Vietnamese, Cantonese and Farsi.

**For information  
about your case  
24 hours/day  
7 days/week**

**888-472-4463**



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**See page 4 for how and where to apply.**

**Human Services Agency | [HSA.VenturaCounty.gov](https://HSA.VenturaCounty.gov) | 888-472-4463**



**888-472-4463**

Apply online at [BenefitsCal.com](https://www.BenefitsCal.com) or [HSA.VenturaCounty.gov](https://www.HSA.VenturaCounty.gov)

TTY 800-735-2929 or 711

## Locations

### **America's Job Center of California**

2901 N. Ventura Road, 3rd Floor, Oxnard | 888-472-4463

### **East County Community Service Center**

2900 N. Madera Road, Ste. 100, Simi Valley | 805-584-4842

### **Fillmore Community Service Center**

828 Ventura St., Ste. 200, Fillmore | 805-524-8666

### **Moorpark Community Service Center**

(Ruben Castro Human Services Center)

612B Spring Road (Bldg. B), Ste. 301, Moorpark | 805-523-5444

### **Santa Clara Valley Community Service Center**

725 E. Main St., Ste. 101, Santa Paula | 805-933-8300

### **Thousand Oaks Community Service Center**

80 E. Hillcrest Drive, Ste. 200, Thousand Oaks | 805-449-7320

### **Ventura Community Service Center**

4651 Telephone Road, Ste. 100, Ventura | 805-658-4100

HSA does not discriminate based on disability in admission or access to, or treatment or employment in, its programs or activities. If you have a disability and feel you have been discriminated against, please contact Francisco Mora, Civil Rights Coordinator, 855 Partridge Drive, Ventura, CA 93003, 805-477-5166, TTY 800-735-2922 or 711.